

BUILD RESILIENCE EVERY DAY

EVERYDAY  
STRONG

SILVER RIDGE ELEMENTARY

TUESDAY, APRIL 22, 2025

6:00 - 7:00 PM

There's one main thing a child needs to thrive: A caring adult.

Anxiety and depression are growing among our youth, but your actions today can make a difference!

Come join us for this **FREE** one hour class focusing on learning ways to build resilience and strengthen relationships with our youth!

Everyone is welcome!

Western Weber CTC  
Communities that Care